



**IN-MAIL
MICROZONES
&
ZIP CODES**

2010

PERIOD

3-B

JULY 19, 2010 - SEPTEMBER 12, 2010

IN-MAIL PREPRINTS 2010

PERIOD 3-B

JULY 19, 2010 - SEPTEMBER 12, 2010

GENERAL INFORMATION

Space Reservation Deadlines

POST PLUS & INPAPER PREPRINTS:

Due 14 days in advance of insert date.

PRINT & DELIVER STANDARD PRODUCTS:

See individual Print & Deliver rate cards.

PRINT & DELIVER CUSTOM PRODUCTS:

Contact your sales representative.

DISTRIBUTION

Distributions

Shared mail is available for delivery to non-subscribers in more than 290 zip codes. Zone delivery to homes is Thursday / Friday; Minimum buy is one zone or 1,000 copies, whichever is greater.

Quantities

The Post Plus insert requirements contained herein are estimates, which include manufacturing waste and a margin to provide for unpredictable fluctuations in the number of non-subscribers. The Washington Post will not be responsible, nor provide rate adjustments, for shortages or overages resulting from these estimates, or for mailings missed that are caused by shortages in the advertiser's delivery.

Distribution Periods

The calendar year is divided into periods that reflect major fluctuations in the number of newspapers distributed. Each period has two sets of estimates -- SUNDAY and DAILY.

SIZES

Page Size Defined

FLEXIE	6" x 7" to 9" x 11"
TAB	over 9" x 11" to 11" x 13"
STANDARD	Over 11" x 13"

Post Plus

Shared mail largest size	8 1/2" x 11"
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Larger pieces must be quarter folded.

INSERT SPECIFICATIONS

Minimum Paper Weight

.005" minimum thickness for single-sheets/card/envelopes. Standard broadsheet inserts printed on 30-lb. Newsprint must be 8 pages minimum. Inserts of less than 8 pages need to be quarter-folded for insertion. Standard tabloid-page inserts printed on 30-lb. Stock must be minimum 8 pages.

PERIOD 3-B POST PLUS IN-MAIL ESTIMATES

JULY 19, 2010 - SEPTEMBER 12, 2010

DISTRICT OF COLUMBIA

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Le Droit Park	20001Z	16,692	14,780	20001A	7,066	6,261
				20001B	9,625	8,519
				20002A	7,922	6,740
Kendall Green	20002Z	19,732	16,900	20002B	8,263	7,004
				20002C	3,546	3,157
Southeast	20003Z	8,970	7,836	20003A	4,507	3,822
				20003B	4,463	4,014
Benjamin Franklin	20004Z	0	0			
Central	20005Z	7,576	6,967			
Downtown NW	20006Z	910	910			
Georgetown	20007Z	9,759	9,030	20007A	3,823	3,621
				20007B	5,935	5,409
Cleveland Park	20008Z	12,100	10,948	20008A	5,478	4,942
				20008B	6,621	6,006
Kalorama	20009Z	23,980	21,919	20009A	6,425	5,609
				20009B	8,517	7,950
				20009C	9,038	8,359
Columbia Heights	20010Z	9,986	8,876	20010A	4,536	3,913
				20010B	5,450	4,964
Brightwood	20011Z	19,214	16,357	20011A	3,783	3,364
				20011B	8,799	7,468
				20011C	3,977	3,207
				20011D	2,656	2,318
Walter Reed	20012Z	4,210	4,072	20012A	842	760
				20012B	3,369	3,312
Northwest	20015Z	3,208	3,127			
Friendship	20016Z	9,092	8,222	20016A	6,051	5,497
				20016B	3,041	2,725
Brookland	20017Z	5,826	4,794			
Customs House	20018Z	6,172	5,148			
Benning	20019Z	20,566	17,510	20019A	10,715	9,022
				20019B	9,850	8,488
				20020A	5,019	4,340
Anacostia	20020Z	19,485	17,132	20020B	5,484	4,888
				20020C	8,981	7,904
L' Enfant Plaza	20024Z	6,497	6,392			
Congress Heights	20032Z	13,835	12,279	20032A	5,480	4,721
				20032B	8,355	7,558
Twentieth Street	20036Z	2,993	2,910			
Watergate	20037Z	5,959	6,005			
DC FULL RUN		226,762	202,115			

ANNE ARUNDEL COUNTY MD

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Lothian	20711Z	2,318	2,321			
Laurel	20724Z	5,997	5,608			
Churchton	20733Z	964	964			
Deale	20751Z	818	818			
Fort Meade	20755Z	2,689	2,625			
Friendship	20758Z	186	186			
Shady Side	20764Z	1,530	1,534			
Harwood	20776Z	1,032	1,032			
West River	20778Z	623	623			
Tracys Landing	20779Z	436	436			
Arnold	21012Z	7,188	6,949			
Crownsville	21032Z	3,278	3,119			
Davidsonville	21035Z	2,130	1,842			
Edgewater	21037Z	7,261	6,903			
Gambrills	21054Z	3,221	3,000	21054A	2,570	2,409
				21054B	651	591
Hanover	21076Z	4,264	4,323			
Millersville	21108Z	5,602	5,450			
Odenton	21113Z	11,488	10,769			
Crofton	21114Z	8,420	7,500			
Riva	21140Z	1,137	1,050			
Severn	21144Z	11,003	11,019			
Severna Park	21146Z	8,354	8,241	21146A	4,694	4,708
				21146B	3,661	3,533
				21401A	7,985	7,669
Annapolis	21401Z	14,225	13,725	21401B	1,652	1,549
				21401C	4,588	4,506
Annapolis	21402Z	390	375			
Annapolis Eastport	21403Z	12,356	11,920	21403A	6,965	6,802
				21403B	5,391	5,118
AA FULL RUN		116,910	112,332			

CALVERT COUNTY MD

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Broomes Island	20615Z	98	89			
Huntingtown	20639Z	3,681	2,922			
Lusby	20657Z	5,973	5,402			
Port Republic	20676Z	1,018	854			
Prince Frederick	20678Z	3,225	2,937			
Saint Leonard	20685Z	2,040	1,802			
Sunderland	20689Z	408	348			
North Beach	20714Z	1,244	1,189			
Chesapeake Beach	20732Z	2,882	2,458			
Owings	20736Z	2,198	1,823			
Dunkirk	20754Z	1,785	1,415			
CA FULL RUN		24,553	21,238			

PERIOD 3-B POST PLUS IN-MAIL ESTIMATES

MONTGOMERY COUNTY MD

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Bethesda	20814Z	9,524	8,440	20814A	1,561	1,220
				20814B	4,072	3,818
				20814C	2,316	1,951
				20814D	1,575	1,451
Chevy Chase	20815Z	7,230	6,170	20815A	997	786
				20815B	1,666	1,365
				20815C	2,677	2,393
				20815D	1,891	1,625
Friendship Heights	20816Z	3,108	2,797	20816A	1,947	1,798
				20816B	1,161	998
West Bethesda	20817Z	6,957	6,108	20817A	1,306	1,096
				20817B	2,125	1,951
				20817C	3,461	3,004
				20817D	64	56
Cabin John	20818Z	354	380			
Olney	20832Z	5,785	4,594	20832A	3,433	2,664
				20832B	2,352	1,931
Brookeville	20833Z	1,680	1,291			
Poolsville	20837Z	1,445	1,404			
Boyd's	20841Z	2,314	2,221			
Dickerson	20842Z	525	525			
Rockville	20850Z	13,806	11,906	20850A	3,214	2,730
				20850B	5,215	4,630
				20850C	3,855	3,331
				20850D	1,521	1,216
Twinbrook	20851Z	4,111	4,086			
Pike	20852Z	14,841	13,051	20852A	6,523	5,695
				20852B	3,501	3,021
				20852C	1,383	1,249
				20852D	3,434	3,086
Twinbrook	20853Z	6,831	5,451	20853A	1,652	1,233
				20853B	2,100	1,576
				20853C	3,079	2,641
				20854A	1,143	983
Potomac	20854Z	8,376	7,091	20854B	1,699	1,436
				20854C	3,616	3,090
				20854D	1,918	1,582
Derwood	20855Z	3,462	3,336			
Sandy Spring	20860Z	429	373			
Ashton	20861Z	471	446			
Burtonsville	20866Z	4,086	4,057			
Clarksburg	20871Z	3,436	3,388			
Damascus	20872Z	3,756	3,088			
Germantown	20874Z	19,569	16,731	20874A	4,278	3,614
				20874B	7,127	6,089
				20874C	8,164	7,028
Germantown	20876Z	7,692	6,378	20876A	2,621	2,165
				20876B	5,071	4,213
Gaithersburg	20877Z	10,365	8,604	20877A	6,377	5,273
				20877B	3,988	3,330
Diamond Farms	20878Z	17,595	14,455	20878A	5,153	4,452
				20878B	6,793	5,537
				20878C	3,805	3,036
				20878D	1,843	1,430
Laytonsville	20879Z	7,573	7,447	20879A	3,894	3,862
				20879B	2,401	2,332
				20879C	1,278	1,253
Gaithersburg	20882Z	3,257	2,649			

MONTGOMERY COUNTY MD continued

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Montgomery Village	20886Z	10,684	9,178	20886A	5,126	4,229
				20886B	5,558	4,949
Kensington	20895Z	4,233	4,021	20895A	1,798	1,682
				20895B	2,436	2,339
Woodmoor	20901Z	9,641	8,072	20901A	4,502	3,808
				20901B	5,138	4,263
Wheaton	20902Z	13,089	11,573	20902A	4,407	3,702
				20902B	4,871	4,099
				20902C	3,811	3,772
Hillendale	20903Z	5,723	5,103			
Colesville	20904Z	16,658	13,956	20904A	7,465	6,453
				20904B	6,198	5,110
				20904C	2,995	2,393
Colesville	20905Z	4,063	3,936	20905A	1,425	1,346
				20905B	2,638	2,589
Wheaton	20906Z	19,608	16,122	20906A	4,387	3,643
				20906B	4,649	3,716
				20906C	4,388	3,870
				20906D	6,185	4,894
Blair	20910Z	14,362	12,686	20910A	4,212	3,625
				20910B	7,445	6,792
				20910C	2,705	2,269
Takoma Park	20912Z	6,806	5,980	20912A	3,744	3,281
				20912B	3,062	2,699
MC FULL RUN		273,446	237,096			

HOWARD COUNTY MD

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Laurel	20723Z	8,970	8,307	20723A	2,750	2,388
				20723B	6,220	5,919
Fulton	20759Z	714	714			
Savage	20763Z	886	886			
Highland	20777Z	830	782			
Jessup	20794Z	3,896	3,755			
Clarksville	21029Z	2,906	2,923			
Dayton	21036Z	524	524			
Ellicott City	21042Z	11,391	10,929	21042A	7,278	7,015
				21042B	4,113	3,914
Ellicott City	21043Z	13,895	13,405	21043A	6,942	6,774
				21043B	6,952	6,630
				21044A	4,424	4,196
Columbia	21044Z	14,674	13,799	21044B	7,742	7,343
				21044C	2,508	2,261
				21045A	5,965	5,725
Columbia	21045Z	13,591	13,017	21045B	7,627	7,292
Columbia	21046Z	5,281	5,361			
Baltimore	21075Z	9,016	9,021			
Elkridge	21227Z	0	0			
Cookesville	21723Z	250	250			
Glenelg	21737Z	316	316			
Glenwood	21738Z	789	767			
West Friendship	21794Z	606	606			
Woodbine	21797Z	2,675	2,675			
HO FULL RUN		91,211	88,039			

PERIOD 3-B POST PLUS IN-MAIL ESTIMATES

FAIRFAX COUNTY VA

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Centreville	20120Z	11,605	9,697	20120A	1,005	696
				20120B	2,630	2,098
				20120C	4,173	3,617
				20120D	3,797	3,284
Centreville	20121Z	9,179	8,036	20121A	2,172	1,778
				20121B	7,007	6,258
Clifton	20124Z	3,110	2,449			
Chantilly	20151Z	5,436	4,297	20151A	3,031	2,451
				20151B	2,405	1,845
Herndon	20170Z	11,354	9,143	20170A	1,818	1,386
				20170B	2,134	1,634
				20170C	3,873	3,218
				20170D	3,530	2,905
Herndon	20171Z	13,102	11,004	20171A	4,224	3,389
				20171B	1,759	1,326
				20171C	7,120	6,289
Reston	20190Z	7,648	6,536	20190A	2,259	1,976
				20190B	1,828	1,435
				20190C	3,562	3,124
Reston	20191Z	9,008	7,350	20191A	2,082	1,636
				20191B	1,976	1,627
				20191C	4,950	4,087
Reston	20194Z	4,344	3,655			
Annandale	22003Z	14,598	11,383	22003A	1,526	1,087
				22003B	4,405	3,562
				22003C	6,665	5,267
				22003D	2,002	1,468
Burke	22015Z	10,733	8,871	22015A	3,364	2,814
				22015B	4,224	3,513
				22015C	3,145	2,543
Dunn Loring	22027Z	475	463			
Fairfax	22030Z	15,203	13,115	22030A	5,758	5,042
				22030B	4,599	3,890
				22030C	4,847	4,183
Pickett	22031Z	9,536	8,041	22031A	5,576	4,794
				22031B	3,960	3,247
Fairfax Station	22032Z	6,264	4,733	22032A	2,956	2,193
				22032B	3,308	2,540
Fairfax	22033Z	13,079	10,955	22033A	1,591	1,248
				22033B	4,107	3,411
				22033C	2,700	2,180
				22033D	4,681	4,117
Fairfax Station	22039Z	3,200	2,411	22039A	1,131	913
				22039B	2,069	1,498
Baileys Crossroads	22041Z	9,691	8,153	22041A	4,562	3,653
				22041B	5,129	4,500
Mosby	22042Z	9,731	8,097	22042A	3,756	3,179
				22042B	5,975	4,918
				22042C	2,994	2,522
Pimmit	22043Z	7,512	6,183	22043A	2,994	2,522
				22043B	4,517	3,661
Seven Corners	22044Z	4,592	3,747			
Falls Church	22046Z	4,386	3,439	22046A	2,285	1,843
				22046B	2,102	1,596
Fort Belvoir	22060Z	2,943	2,023			
Great Falls	22066Z	3,234	2,748	22066A	1,596	1,377
				22066B	1,638	1,371

FAIRFAX COUNTY VA continued

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Lorton	22079Z	9,290	7,685	22079A	5,880	4,833
				22079B	3,410	2,852
Mc Lean	22101Z	5,885	4,693	22101A	3,138	2,489
				22101B	2,747	2,204
Mc Lean	22102Z	7,577	6,754	22102A	3,072	2,615
				22102B	4,505	4,139
Vienna	22124Z	3,973	3,936	22124A	1,521	1,489
				22124B	2,452	2,446
Springfield	22150Z	7,445	6,095	22150A	2,782	2,387
				22150B	2,254	1,762
				22150C	2,409	1,946
North Springfield	22151Z	4,382	3,676	22151A	2,378	2,017
				22151B	2,004	1,659
West Springfield	22152Z	7,510	6,206	22152A	2,704	2,217
				22152B	2,424	2,040
				22152C	2,383	1,949
West Springfield	22153Z	7,776	7,675	22153A	2,060	2,058
				22153B	3,674	3,605
				22153C	2,042	2,012
Vienna	22180Z	6,205	5,008	22180A	2,456	1,836
				22180B	3,749	3,172
Vienna	22181Z	3,550	2,937	22181A	1,207	983
				22181B	2,343	1,954
Vienna	22182Z	5,207	4,120	22182A	2,260	1,652
				22182B	2,947	2,468
				22182C	2,466	2,435
Potomac	22301Z	3,472	3,396	22301A	2,466	2,435
				22301B	1,006	961
Parkfairfax	22302Z	6,487	5,655	22302A	2,398	2,067
				22302B	4,089	3,588
				22302C	3,897	3,468
Jefferson Manor	22303Z	6,081	5,329	22303A	3,897	3,468
				22303B	2,184	1,861
Shirley Duke	22304Z	20,005	17,533	22304A	4,862	4,217
				22304B	7,871	7,142
				22304C	3,072	2,477
				22304D	4,201	3,697
George Washington	22305Z	5,991	5,283	22305A	3,170	2,829
				22305B	2,821	2,453
Community	22306Z	10,343	8,391	22306A	6,386	5,172
				22306B	3,958	3,219
Belle View	22307Z	3,183	2,831			
Wellington	22308Z	2,463	2,003	22308A	1,134	932
				22308B	1,329	1,071
				22308C	3,456	3,063
Engleside	22309Z	9,370	8,103	22309A	3,256	2,743
				22309B	2,658	2,296
				22309C	4,136	3,439
Franconia	22310Z	8,452	6,917	22310A	1,435	1,129
				22310B	2,881	2,349
				22310C	2,881	2,349
Seminary Heights	22311Z	7,778	6,707			
Lincolnia	22312Z	9,843	8,324	22312A	4,968	4,107
				22312B	4,874	4,217
Olde Town	22314Z	13,541	13,367	22314A	5,274	5,170
				22314B	3,981	3,931
				22314C	4,287	4,266
Kingstowne	22315Z	8,944	7,393	22315A	3,425	2,781
				22315B	5,519	4,612

FA FULL RUN 374,714 316,546

PERIOD 3-B POST PLUS IN-MAIL ESTIMATES

PRINCE WILLIAM COUNTY VA

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Manassas	20109Z	12,934	12,135	20109A	5,449	5,046
				20109B	7,484	7,090
Manassas	20110Z	12,692	11,503	20110A	3,309	2,908
				20110B	5,694	5,240
				20110C	3,690	3,354
Manassas Park	20111Z	9,142	8,380	20111A	6,026	5,655
				20111B	3,116	2,725
Manassas Park	20112Z	6,562	5,413	20112A	1,598	1,230
				20112B	2,572	2,078
				20112C	2,392	2,105
Bristow	20136Z	7,006	5,872	20136A	3,150	2,657
				20136B	3,856	3,215
Gainesville	20155Z	8,328	7,282	20155A	3,680	3,189
				20155B	4,648	4,093
Haymarket	20169Z	5,474	5,361	20169A	2,820	2,805
				20169B	2,654	2,556
Nokesville	20181Z	2,063	2,032			
Dumfries	22025Z	4,793	4,078			
Dumfries	22026Z	4,561	4,245			
Quantico	22134Z	1,406	1,406			
Triangle	22172Z	3,201	3,019			
Woodbridge	22191Z	16,309	15,483	22191A	3,766	3,676
				22191B	5,269	5,027
				22191C	7,274	6,781
Woodbridge	22192Z	17,206	15,124	22192A	5,262	4,546
				22192B	6,010	5,310
				22192C	5,934	5,267
Dale City	22193Z	21,142	19,267	22193A	8,564	7,941
				22193B	3,687	3,346
				22193C	3,805	3,456
				22193D	5,087	4,525
PW FULL RUN		132,819	120,599			

PW FULL RUN 132,819 120,599

LOUDOUN COUNTY VA

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Aldie	20105Z	3,045	2,986			
Middleburg	20117Z	589	543			
Paeonian Springs	20129Z	123	123			
Paris	20130Z	117	117			
Purcellville	20132Z	3,910	3,315			
Bluemont	20135Z	1,040	1,040			
Round Hill	20141Z	1,506	1,460			
Ashburn	20147Z	15,641	13,379	20147A	3,984	3,470
				20147B	3,986	3,469
				20147C	3,710	3,098
				20147D	3,962	3,341
Ashburn	20148Z	7,026	6,172			
Chantilly	20152Z	6,081	6,123			
Hamilton	20158Z	1,056	880			
Sterling	20164Z	10,907	9,799			
Sterling	20165Z	9,495	8,004	20165A	5,373	4,377
				20165B	4,121	3,627
Sterling	20166Z	3,434	3,428			
Leesburg	20175Z	7,989	6,861	20175A	3,087	2,579
				20175B	3,262	3,030
				20175C	1,640	1,252
Leesburg	20176Z	3,220	2,773	20176A	37	0
				20176B	3,089	2,773
				20176C	94	0
Lovettsville	20180Z	1,897	1,920			
Waterford	20197Z	408	408			
LO FULL RUN		77,484	69,332			

LO FULL RUN 77,484 69,332

ARLINGTON COUNTY VA

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Court House	22201Z	15,577	14,150	22201A	2,745	2,462
				22201B	3,734	3,327
				22201C	3,487	3,035
				22201D	5,611	5,326
Eads	22202Z	12,412	11,460	22202A	2,102	1,778
				22202B	10,310	9,683
Central	22203Z	10,155	9,014	22203A	5,746	5,340
				22203B	2,624	2,313
				22203C	1,785	1,361
South	22204Z	18,198	15,458	22204A	2,875	2,299
				22204B	4,055	3,574
				22204C	2,891	2,545
				22204D	3,316	2,849
				22204E	5,062	4,191
Preston King	22205Z	4,088	3,218	22205A	2,606	2,078
				22205B	1,482	1,140
Shirlington	22206Z	9,063	8,087	22206A	4,135	3,828
				22206B	4,929	4,259
North	22207Z	6,337	5,098	22207A	1,033	820
				22207B	1,638	1,215
				22207C	3,666	3,062
Rosslyn	22209Z	8,039	7,474	22209A	3,783	3,522
				22209B	4,256	3,952
Preston King	22213Z	771	777			
AR FULL RUN		84,640	74,736			

AR FULL RUN 84,640 74,736

FAUQUIER COUNTY VA

SALES ZONE/ZIP NAME	ZONE	DAILY	SUNDAY	MICROZONE	DAILY	SUNDAY
Marshall	20115Z	1,764	1,765			
Catlett	20119Z	1,177	1,176			
Broad Run	20137Z	608	610			
Delaplane	20144Z	316	316			
Upperville	20184Z	157	157			
Warrenton	20186Z	5,070	4,987			
Warrenton	20187Z	4,537	4,482			
The Plains	20198Z	583	545			
Hume	22639Z	206	206			
Linder	22642Z	1,678	1,678			
Markham	22643Z	130	130			
Bealeton	22712Z	3,124	3,120			
Goldvein	22720Z	299	299			
Midland	22728Z	997	997			
Remington	22734Z	1,011	1,011			
Sumerduck	22742Z	591	591			
FQ FULL RUN		22,247	22,068			

FQ FULL RUN 22,247 22,068

TOTAL FULL RUN	DAILY	SUNDAY
	1,776,471	1,576,581

PACKING AND SHIPPING REQUIREMENTS

Please note that inserts require delivery to different locations.
 Quantities for multiple run dates must be shipped separated and clearly marked by run date.
 Pallet markers and a bill of lading are required for all shipments.
 Complete packing and shipping requirements available.
 Inserts for Sunday In-Paper and Sunday Opt-In may be combined on same pallet.

IN-PAPER & SUNDAY OPT-IN INSERTS

POST PLUS IN-MAIL INSERTS

DELIVERY ADDRESS

THE WASHINGTON POST SPRINGFIELD PLANT
 7171 Wimsatt Road
 Springfield, VA 22151-4081

VERTIS COMMUNICATIONS/AMERICAN COLOR GRAPHICS
 250 Heller Park Court
 Dayton, NJ 08810
 Main Number (732) 438 - 8270

RECEIVING

MONDAY 6:30 a.m. - 8:00 p.m.
 TUESDAY 6:30 a.m. - 8:00 p.m.
 WEDNESDAY 6:30 a.m. - 8:00 p.m.
 THURSDAY 6:30 a.m. - 6:00 p.m.
 FRIDAY** 6:30 a.m. - 1:30 p.m.
 SATURDAY 6:30 a.m. - 1:30 p.m.
 CLOSED SUNDAY
 **Oct. thru Dec - Friday hours are 6:30 a.m. - 8:00 p.m.

MON. through SUN. 6:00 a.m. - 6:00 p.m.

DELIVERY DEADLINES

SUNDAY IN-PAPER OR OPT-IN: Thursday, 5:00 p.m.
 10 days in advance of insert date
TUESDAY IN-PAPER: Tuesday, 5:00 p.m.
 7 days in advance of insert date
WEDNESDAY IN-PAPER: Friday, 1:30 p.m.
 5 days in advance of insert date
THURSDAY IN-PAPER: Friday, 1:30 p.m.
 6 days in advance of insert date
FRIDAY IN-PAPER: Monday, 5:00 p.m.
 4 days in advance of insert date

SHARED MAIL: Thursday, Noon
 7 days in advance of in-home date

EARLY DELIVERY

Accepted no more than 13 days in advance for Sundays and no more than 7 days in advance for daily inserts. Preprint Specialists must authorize exceptions.

Accepted no more than 15 days in advance of in-home date. Preprint Specialists must authorize exceptions.

DIRECTIONS

TO SPRINGFIELD PLANT

NORTH on I-95 / I-395
 Take I-395 exit for Edsall Rd. West.
 Proceed to end of Edsall Rd.
 Turn left onto Backlick Rd.
 At fourth traffic light, turn right onto Wimsatt Rd.
 WP plant is the third group of buildings on left.
 Receiving dock is at front of plant.

SOUTH on I-95 / I-495 Beltway
 Take I-495 Exit 5 for Braddock Rd. East .
 At second traffic light, turn right onto Backlick Rd.
 At fourth traffic light, turn right onto Wimsatt Rd.
 WP plant is the third group of buildings on left.
 Receiving dock is at front of plant.

TO VERTIS COMMUNICATIONS/AMERICAN COLOR GRAPHICS
 Estimated Driving Time from DC: just over 3 hrs.

FROM WASHINGTON, DC AREA
 Take I-95N to Delaware.
 Merge onto 295N towards New Jersey Turnpike.
 Keep right and take I-95 N/New Jersey Turnpike towards Cars/Trucks-buses.
 Take Exit 8A toward RT 32 West.
 Turn left on Cranbury-South River RD.
 Turn slight right onto Forsgate DR.
 Turn slight right onto US-130 N.
 Take the ramp toward Dayton/Jamesburg.
 Keep left at the fork to go on Ridge road.
 Turn left into Heller Park Court.

**For 24 HOUR AUTOMATED DIRECTIONS TO THE POST'S SPRINGFIELD PLANT
 CALL (202) 334-5052.**

FOR FURTHER INFORMATION

Contact the Post Plus/Preprint Specialist:
 (202) 334-6330 or (202) 334-5841
 MON. through FRI. 9:00 a.m. - 5:30 p.m.